



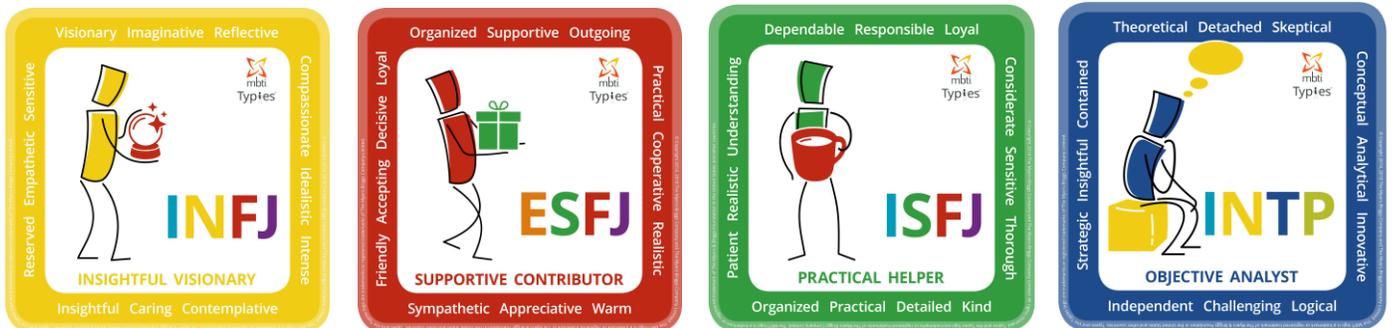
## Myers Briggs Type Indicator

### MBTI® Step I & II

MBTI® can be used to help us understand ourselves and others better, discover what makes you and other personality types tick in different life situations. It is an ideal basis for personal development through the assessment, feedback and coaching process. We love supporting our clients with the addition of MBTI® because we know the value it has and the positive difference it can make. We know that individuals and teams find the process hugely insightful, supportive and fun.

### MBTI® Step 1 assessments, feedback and coaching

Participants will complete an online questionnaire of around 25 – 35 minutes sent to a given email. One to one or group feedback, as arranged with you, will allow those involved to learn more about types, self-assess and reflect from their reported type. A hard copy will be given to them and electronic copy provided shortly afterwards. Additional resources will be available during the feedback process and participants will receive a descriptive and fun “type” image, a nice visual reminder of their key personality characteristics, to use as they wish on emails or other materials.



Ongoing coaching and support is available to suit your needs, this may be working with an individual to support progress and achievement or building a team to value and appreciate their differences and maximise their potential.

## MBTI® Step II

If you wish to go deeper into understanding your personality type, have a made to measure report, then Step II is the perfect solution. Delving deeper into the facets of your preferences and how you use aspects of all of them, exploring situations and contexts that drive this.

Provide an email address, we sent you the link to complete the Step II online assessment. It takes around 30 - 45 minutes, and you will receive your unique MBTI® Step II report (hard copy and electronic copy) with a 2-hour personal feedback session, or within a specifically designed team feedback session, as preferred. Further coaching will be recommended to support change, performance improvements, achievement of specific goals and this can be arranged as required.

Individual coaching programmes based on your MBTI® profile can vary depending upon your requirements and could range from 2 – 4 sessions of around 1.5 hours each time.

Team events are very popular, particularly where teams want to have a greater understanding and appreciation of difference, utilise the strengths of the team, minimize the potential for conflict, bond and build trust. We build our team events around your requirements and these are engaging, fun and memorable.

Get in touch, we would love to talk to you about how MBTI® might support your learning and development solutions.

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